

Salads

24 HOUR NOTICE REQUIRED. ALL PRICING PER PERSON FOR 10+ PEOPLE.

Tossed Greens Salad 4.50

Spring mix, grape tomatoes, cucumbers with olive oil balsamic dressing

Greek Salad 5.95

Classic! Fresh chopped veggies with kalamatta olives, feta cheese & house made herb dressing

Cranberry Coleslaw 5.85

Freshly chopped red & green cabbage, dried cranberries, fresh cilantro, creamy dressing topped with pumpkin & sunflower seeds

Pesto Orzo Salad 6.00

Orzo pasta, grape tomatoes, sundried tomatoes, feta, pesto, fresh basil, topped with walnuts. Our most popular salad!

Berried Greens & Chevre 6.50

Spring mix with fresh seasonal berries, candied pecans and chevre cheese, berried olive oil vinaigrette

Quiche & Tossed Greens Salad 9.75

Spinach & feta or brie & roma quiche with a tossed greens salad

Soups 5.70

1 VARIETY OF SOUP PER 10. ADDITIONAL VARIETIES AVAILABLE WITH 10+ ORDERS. SERVED WITH OUR ASSORTED ARTISAN BREADS.

Tomato Spinach Vegetarian

Marvellous Minestrone Vegan GF

Hearty Black Bean Vegan GF

Potato Leek with Bacon

Spicy Sicilian with beef & pork GF

Chicken & Rice with Tomato

Wild Rice & Ham Chowder

Crowd Pleasing Food

Cocktail Platters MINIMUM 10 PEOPLE

Fresh Fruit & Fine Cheese Platter 9.50

Delectable assortment of fresh cut market fruit with chevre, smoked gouda, Swiss, havarti & mini bocconcini served with Bliss Crostini baguette.

Fine Meats & Cheese Platter 9.95

Honey ham, black forest ham, salami, prosciutto wrapped asparagus, Swiss, havarti, blue Roquefort, mini Bocconcini served with Bliss Crostini baguette

Fresh Vegetable Platter 7.50

Seasonal vegetables including broccoli, fresh carrots, cucumbers, cauliflower, grape tomatoes, celery with fresh dill dip

Martini Platter 9.50

Mini quiche, mini ham & cheese croissants, mini sausage croissants, finger baguette chicken sandwich, finger baguette ham & Swiss sandwich, grape tomatoes & dessert squares

Cookie Monster Platter 3.25

A tempting assortment of our delicious cookies. Chocolate chunk, peanut butter chocolate chunk, tree hugger, salty chocolate caramel

Dessert Square Platter 3.75

Cranberry bliss bar, chocolate toffee nut bars, date squares, lemon squares & feature bar

 **Add tossed greens salad**
4.00 Per Person

Full Coffee & Tea Service

Cherry Hill Coffee

Organic coffee, sourced from around the world and hand roasted in small batches in the crisp, clean air of the Okanagan Valley.

\$125/100 people

\$80/50 people

\$19.95/10 people

Tropicana Juices 2.95

San Pellegrino Assorted 2.50

Bliss Water 2.00

blissbakery.ca

320-1405 Stevens Road, West Kelowna, BC

778 755 5801 catering@blissbakery.ca



Delivery Charges may apply.
Prices subject to change.



Catering Menu

ALL ITEMS MIN. 10 PEOPLE
24 - 48 HOUR NOTICE



bliss

BAKERY

Voted Best in the Okanagan
6 Years in a Row

Breakfast



Add Fruit
1.00 Per Person

24 HOUR NOTICE REQUIRED. ALL PRICING PER PERSON FOR 10+ PEOPLE.

Beach Avenue Continental **\$64.95**

Assorted Muffins, Sweet Danish, Coffee and OJ for 10 people

Muffin Platter **3.70**

Bran, blueberry & our famous kitchen sink

Sweet Croissant Platter **4.25**

Assorted Danish & croissants

Savoury Croissant Platter **5.00**

Ham & cheese, roasted veggie, traditional croissant

Crowd Pleaser Sweet & Savoury **5.00**

Mix of sweet & savoury croissants, danish & mini quiche

Okanagan Breakfast Platter **4.00**

Assortment of muffins, sweet danish, treehugger cookies

Fresh Fruit Platter **6.50**

Delectable fresh hand cut market fruit

Fabulous Fruit Parfaits **5.50**

Organic vanilla bean yogurt, fresh fruits treehugger granola

Summer Delight Fruit Salad **6.50**

Fresh mix of pineapple, assorted melons, berries, grapes

Breakfast Wrap **8.50**

Roast potatoes, scrambled eggs, bacon, cheddar cheese, salsa, all natural wrap

Diva Wrap **5.85**

Baked egg whites, fresh spinach, fresh tomatoes, grilled onions, feta cheese, all natural coriander wrap

Loaf Platter **3.60**

Banana Bread, Vegan Orange Date Nut Loaf

Bliss Picnic Pack **\$17.35**

24-48 HR NOTICE REQUIRED.
ALL PRICING PER PERSON FOR 10+ PEOPLE.

**Our most popular lunch & learn package!
Plattered to share or bagged to go...**

Contains even number of Crantastic Turkey, New York Special, Ham & Swiss, Pesto Poultry & Roasted Roma along with your choice of Greek Salad or Cranberry Coleslaw & assorted dessert squares or cookies.



Upgrade to Gourmet Salad
1.50 Per Person

Gourmet Sandwiches

24-48 HR NOTICE REQUIRED. ALL PRICING PER PERSON FOR 10+ PEOPLE.

Crantastic Turkey **11.90**

Roasted turkey breast, caramelized onions, artisan smoked gouda cheese, tomatoes, lettuce on our Cranberry Sourdough

Pesto Poultry **11.25**

Roast chicken breast, pesto aioli, havarti cheese, lettuce, tomato on our traditional french baguette

Mediterranean Chicken **10.90**

Roast chicken breast, olive garlic aioli, roasted sweet peppers, provolone cheese, lettuce on Rosemary Garlic Ciabatta

Roasted Roma **9.95**

Creamy brie cheese, pesto aioli, roasted roma tomatoes, fresh basil on our Bliss Braid

New York Special **9.90**

Thinly shaved deli pastrami, thinly sliced red onions, havarti cheese, lettuce, tomato on our Espresso Rye

Good ol' Ham & Swiss **8.95**

Thinly shaved deli honey ham, Swiss cheese, tomato, lettuce on our Okanagan Sourdough

Bistro Sandwich Platter **10.75**

Our select assortment of 5 varieties of sandwiches

Ciabatta Sandwiches **6.50**

48 HR NOTICE REQUIRED. ALL PRICING PER PERSON FOR 10+ PEOPLE.

Our classic Ciabatta breads are exceptionally light with a moist, airy interior and a crispy crust. Each sandwich with its own unique flavour

Salt N Pepper Roast Beef
Roast Pork & Apple Butter
Multigrain Veggie
Lemon Caper Tuna
Vineyard Chicken



Add Tossed Greens Salad
4.00 Per Person

Power Lunch Pack **11.50**

Our choice & variety. Includes a ciabatta sandwich, piece of fruit, tree hugger cookie.

Add water + \$2.00

Wraps **9.95**

Chipotle Turkey Wrap

Roasted turkey, brown rice, red onion, black beans, cilantro with our chipotle aioli on an all natural coriander wrap

Butter Chicken Wrap

Roast chicken breast, tomatoes, onions, brown rice, fresh cilantro with our scratch made sauce on an all natural Masala wrap

Garden Veggie Wrap **48 HR NOTICE REQUIRED.**

Fresh spinach, cucumbers, carrots, juliene peppers, sundried tomatoes, sweet chili sauce with brown rice

Hot Entrees

REQUIRES 48 HOUR NOTICE. ALL PRICING PER PERSON FOR 10+ PEOPLE.

Southern Pulled Pork **10.25**

16 hour slow roasted pork on a panini bun topped with creamy coleslaw

Best Ever Vegetarian Chili! **9.50**

Gluten Free
And Vegan

Sweet potatoes, sweet peppers, tomatoes, fresh jalapenos, onions, garlic and secret fresh herb mix with no other fillers added served with a real corn kernel muffin

add gluten free corn muffin 1.00

Rich Meat Lasagna **12.95**

Layers of rich beef sauce, veggies and house béchamel sauce served with our traditional French baguette and a side tossed greens salad

Fresh Vegetarian Lasagna **12.95**

layers of sautéed vegetables and house béchamel sauce served with our traditional French baguette and a side tossed greens salad

Gluten Free Meals

24 HOUR NOTICE REQUIRED. ALL PRICING PER PERSON FOR 10+ PEOPLE.

Vegetarian Meal **11.50**

2 medium boiled eggs and tossed greens salad

Protein Meal **1 variety of protein per 10 order**

Roast chicken breast with tossed greens salad, olive oil balsamic dressing

Garlic rosemary roast pork loin with tossed greens salad, olive oil balsamic dressing

Sirloin roast beef with tossed greens salad, olive oil balsamic dressing



Special Dietary Requests?
Please Ask