

BREAKFAST

Okanagan Breakfast Platter **24hr notice**
Kitchen sink muffins, bran muffins, blueberry muffins fruit
tea biscuit s & sweet Danish minimum 10 -46.55

Beach Ave Continental **24hr notice**
Kitchen sink muffins, bran muffins, blueberry muffins, fruit
tea biscuits & Fruit Danish. Includes our full organic Cherry
Hill coffee and Organic OJ
Full service convenience! serves 10 -80.95

French Continental **48hr notice**
Butter croissants chocolate croissants, Fruit Danish, ham &
cheese croissants & mini quiche. Includes our full organic
Cherry Hill coffee and Organic OJ
Full service convenience! serves 10 -112.95

Hip & Healthy Platter **48hr notice**
Our amazing Hola granola bars made with peanut butter/
fresh apples along with our famous tree hugger cookies
made with spelt flour & 10 8oz organic vanilla bean yogurt
with fresh fruit parfait . minimum 10 -95.25

Breakfast Wrap Hungry Breakfast **48hr notice**
Organic tortilla filled with scrambled eggs, bacon, roast
hash potatoes, salsa & cheddar cheese . Fuels a hungry ap-
petite for the day! minimum 10 -91.30

Vegetarian Diva Wraps **48hr notice**
Organic sundried tomato tortilla filled with fluffy baked egg
whites, fresh spinach, fresh tomatoes, grilled onions & feta
cheese. minimum 10 -66.30

Buttermilk Chorizo Breakfast Biscuit **48hr notice**
Fresh baked buttermilk biscuit, chorizo egg frittata with
sundried tomatoes, fusion bean mix & cilantro , house be-
chamel sauce, swiss cheese and side of fresh tomato slices.
This dish served at room temperature. serves 20 -113.50

Fresh Fruit Platter **48hr notice**
Delectable hand cut fresh fruit including pineapple, melon,
kiwi fruit & fresh berries. minimum 10 -70

Add on Breakfast Items:
Morning Glory Muffin (*no gluten flour*) -4.6
Spelt Sugar Free Muffin - 4.3
Vegetarian Diva Wrap -6.8
Fresh Apple or Banana -1.2
Cream Cheese Cinnamon Bun -6.6
Fresh Organic Orange Juice. *serves 10* -7.8
50 cup Organic Cherry Hill Coffee -80
100 cup Organic Cherry Hill Coffee -110
Tea Service assorted organic teas. *serves 10* -20
Coffee Station Caddy *per person* -0.25
(includes cups/lids/stir sticks/sugar/cream/

HANDCRAFTED SALADS **48hr notice req**
Fresh Fruit Salad Bowl
Seasonal assortment including pineapple, mel-
on, berries and tropical exotics when available.
serves 10-15 -65

Fabulous Fruit Parfait
Organic vanilla bean yogurt on top seasonal
assorted fruits. Our house made tree huger
granola sprinkled over the yogurt.
serves 10-15 -80

Pesto Orzo with Walnuts **Signature Salad**
Orzo pasta is tossed in basil pesto, grape toma-
toes, sundried tomatoes, walnuts and topped
with feta. Fragrant & delicious crowd pleaser!
serves 10-15 -78

Greek Salad
Classic! Fresh chopped cucumbers, peppers, fine
red onion & grape tomatoes, topped with feta
cheese, kalamata olives and house made herb
Greek dressing *serves 10-15* -59

Quinoa Sprouted Rice **plant based**
Loads of fresh herbs including mint & parsley
are tossed with loads of fresh veggies and our
house made lemon dressing. *serves 10-15* -65

Hail Kale Veasar Salad **plant based**
Baby kale and salad greens tossed in our plant
based house signature Vaesar salad dressing.
serves 10-15 -55

HOT HEARTY SOUPS **Keeping it real!**
*Our soups all start with fresh vegetables and herbs
simmering in a stock pot for hours, making our
commissary kitchen as aromatic as your mamas
kitchen!* **48hr notice req for specific variety**

Tomato Spinach
Sautéed onions and garlic build the base for simmering to-
matoes. No dairy in here but you wont miss it in this creamy
comfort soup. A fav in our stores! We serve this with our
triple type dough Bliss Braid. minimum 10 -66.5

Marvellous Minestrone **plant based**
Slowly sautéed fresh sage and fresh rosemary gives our ver-
sion of this classic Italian such big flavour we didn't need the
pasta. We serve this with our Country Sourdough Loaf
minimum 10 -67.25

Roasted Carrot Sweet Potato **plant based**
First we coat our carrots in pure olive oil and slowly roast
them to develop their sweet flavour. We roast our curry
flavoured sweet potatoes and bring the Indian inspired fla-
vours together in this incredible soup. We serve this with
our Country Sourdough loaf minimum 10 -67.25

Potato Leek with Bacon
This creamy classic needs little explanation. Satisfying com-
fort soup and oh yes it has bacon! We serve this with our
Cheddar Ale Potato Bread minimum 10 -68.25

Spicy Sicilian
Delicious spicy capicolti, beef, tomatoes, beans and split
peas and finished with fresh basil. We serve this with our
Okanagan Sourdough loaf minimum 10 -66.75

Wild Rice Ham Chowder
The bold flavour of wild rice is perfectly matched with ham
to create this earthy chowder with veggies. We serve this
with our Peasant Seed loaf. minimum 10 -69.25

Hearty Blackbean **plant based**
Loads of beans and corn are simmered with to-
matoes, cilantro and red onions. Finished with
lime juice, this soup is so satisfying. We serve
this with our Country Sourdough Loaf
minimum 10 -67.25

Chicken Corn Chowder
This complex chowder has many steps to create
the final creamy bowl of soup. It starts with sau-
téed chipotle peppers in adobo and ends with
roasted scallop potatoes and cream. Carrots and
corn fill in all the in-between. We pair this with
Rosemary Focaccia minimum 10 -66.90

Chicken Rice Tomato
This soup has so much flavour happening with
the leeks and sundried tomato! We use a hearty
brown rice to give this chicken soup lots of
body. We serve this with our triple type dough
Bliss Braid. minimum 10 -66.50

Add on Soup items:
Harvest Personal Focaccia -4.15
Spinach & feta Quiche -8.3
Ham & Cheese Croissant -5.40

EASY CROWD PLEASERS **48hr notice req**
Great Hostess gift or party add on!

Martini Platter
Includes 1 doz Mini quiche, 9 mini ham &
cheese croissants, 9 mini chorizo croissants, 5
finger chicken baguette, 5 finger ham & swiss
baguette, grape tomatoes, chocolate toffee nut
square, date square & bliss bar. Includes metal
service tongs. Serves 10 -120

Assorted Dessert Squares
Includes bliss bars, lemon squares, date squares,
Chocolate toffee nut bars & PB Nanaimo bars or
mint meltie bar. minimum 10 -40.40

Assorted Cookie Monster
Includes our Callebaut Choc Chunk, PB Choc
Chunk, Salty Choc Toffee & Treehugger -35.35

Sandwiches

*Gourmet sandwiches made just for your order best paired with our Artisan made breads. Build your own tray with a minimum of 10 sandwiches, price based on your selection. **48 hour notice a must!***

Crantastic Turkey *traditional sourdough takes 48 hrs*
Oven roasted turkey breast piled high on our cranberry sourdough, village smoked gouda cheese, caramelized onions, lettuce & tomato with aioli -12.25

New York Special

Thinly shaved pastrami piled high on our espresso rye bread, creamy Havarti cheese, thinly sliced red onions, tomatoes & lettuce with honey Dijon and aioli -10.20

Pesto Poultry

Roasted chicken breast on our crusty traditional baguette, creamy Havarti cheese, lettuce & tomato with our house pesto aioli -11.25

Ham & Swiss

traditional sourdough takes 48 hrs

Honey ham shaved thin and piled high on our Okanagan Sourdough with Swiss cheese, tomatoes & lettuce with sweet heat mustard and aioli -9.3

Mediterranean Chicken

Roasted chicken breast on our rosemary garlic ciabatta, provolone cheese, roasted sweet peppers & lettuce with our house olive mayo. -11.25

Roasted Roma & Brie

Roasted roma tomatoes on our bliss braid bread with creamy brie cheese and basil and house basil aioli - 9.95

Bistro Platter

available with 24 Hours

New York Special, Pesto Poultry, Mediterranean Chicken & Roasted Roma. Comes masterfully plattered and includes plates & napkins. **No substitutions. Serves 10-12 -115.15**

Production Fees may apply to some orders, this includes custom menu consultation and menu changes up to 48 hours in advance. We can accommodate certain menu changes within 48 hours, these may accrue additional charges. Orders cancelled less than 24 hours notice will result in 100% fee

PACKAGED CORPORATE LUNCHES

Full service convenience! Recyclable plates, forks & napkins, metal serving spoon included
48hr notice is a must!

Bliss Picnic Pack

Our most popular choice which is a real crowd pleaser. We are masters of platter presentation and our salads and desserts compliment the pre-set sandwich selection perfectly. Includes even number of Crantastic turkey, New York Special, Roasted Roma, Ham & Swiss, Mediterranean Chicken. Your choice of Greek Salad or Cranberry Coleslaw and assorted dessert squares. *minimum 10 no substitutions.* -184
Add on increments of 5 Picnic Packs -89.55
Add on specific sandwich *Based on selection*
Packaged individually add .60 per person

Power Lunch Pack

This selection offers our Peppered Roast Beef OR Okanagan Chicken on our beautiful ciabatta bread. Comes with your choice of apple or banana and our wholesome Tree hugger cookie. The perfect healthy lunch! *minimum 10* -113

Millennial Power Lunch Pack **plant based**

This satisfying lunch built on a sourdough bun filled with fresh veggies and our house made plant based avocado Veasar aioli and featuring Daiya cheese, fresh fruit and our scrumptious Naked Baker Bar. *minimum 10* -157.45

Wrap Star Lunch

Organic wraps filled with house butter chicken on a masala wrap, chipotle turkey on a coriander wrap and garden vegetable on a chapati wrap *serves 15* -158.20

Add on extra wrap(s) -10.10

Hot Entrée Pans

Delivery Monday—Friday only 7.30am –noon

Hot group meals that keep it easy! These meals are served in foil trays, ready for service and come with metal serving spoon, plates, cutlery & napkins **72 hr notice is a must!**

Southern Pulled Pork

Our pulled pork is slow roasted for 16 hours and pulled apart in cooking juices. Serves with panini buns and creamy coleslaw. *serves 20* -139.50

Best Ever Vegetarian Chili **vegetarian**

Sweet potatoes, sweet peppers, tomatoes, fresh jalapenos, onions, beans/chickpeas and our secret fresh herb mix. We make our corn kernel muffins *serves 20* -128.5

Rich Meat Lasagna

Layers of rich beef sauce, veggies and house bechamel sauce, served with our crusty traditional baguette and side tossed greens salad. *serves 12-15* -150.75

Garden Vegetable Lasagna **vegetarian**

Deliciously sautéed vegetables layered with cheese and house bechamel sauce, served with our crusty traditional baguette and side tossed greens *serves 12-15* -150.75

White Wine Mac N' Cheese

Mac N Cheese for grown ups! There is nothing out there like our noodles drowned in our decadent cheese sauce made with slowly simmered white wine, served with our signature Cheddar Ale Dinner buns and tossed greens salad. *serves 12-15* -147.7

Stroganoff Stew

Our kitchen always has a stew on the stove and this classic is a customer favourite with rich sauce and mushrooms served with creamy mash potatoes *serves 12-15* -150.75

Beverages

Tropicana Juices -3
San Pellegrino -3
Bliss Water -2

Serving Organic **Cherry Hill Coffee**

Locally roasted fresh daily
100 Urn /cups/lids/stir sticks/sugar/cream
50 Urn /cups/lids/stir sticks/sugar/cream

Serving Organic Numi Teas

Assorted breakfast/earl grey/gunpowder green/chamomile/chai/mint
50 Urn /cups/lids/stir sticks/sugar/cream

Place orders Mon to Fri 9am-4pm
catering@blissbakery.ca

We are able to provide paper goods at additional cost for items that are not full service convenience. Please let us know.

Delivery

Monday—Friday 6am—12 Noon

Sat & Sun 8-11am

Delivery fees vary based on distance

Pick up available at Bake Naked Kitchen

Monday—Friday 7.30-4pm

Changes or cancellation less than 48 hrs may incur + 30% fee.

Cancellation less than 24 hours 100% of fee

All prices subject to change